

2006 OUTLOOK

DEPTH OF TALENT KEY TO BEARS SUCCESS IN 2006

There is a new positive atmosphere over the California women's gymnastic team. After a year of struggles in 2005, the California women's gymnastics team looks to bounce back with experienced, healthy veterans and exciting newcomers. With eight returnees and 10 freshmen on campus, the team gives Head Coach Cari DuBois the most depth in her four-year career at Cal.

The Golden Bears are led by senior Britani Pittullo and a trio of juniors including Justine Cephus, Isabel Garcia and Elyse Wong. "I will really look to my upperclassman for their experience and consistency. They know what it's about and what they need to do," DuBois said.

With the addition of the 10 freshmen, including nationally recruited Lydia Williams, Bridgette Glass, Jessica Kelley and Joanna Bennett, California has all the opportunity to return to national prominence, which DuBois hopes will come from the changes to the program overall.

"It has been an evolving progress since I've been here," DuBois said. "Right now it's positive coaching, positive work ethic, along with the knowledge of what I need to do for the athletes and this program. When you're on the same page it is better. I finally feel like the program is headed in the right direction. Recruiting is going extremely well. I know I am having more fun than I've ever had and my assistant, Scott Ryan, is doing an amazing job for me."

With a team that has the potential to reach the NCAA championship, DuBois hopes the determination will be there for the four months of competition.

SENIORS

Returning from a season-ending injury this season, senior Britani Pittullo looks to bounce back for a strong senior season.

"Britani has been a great leader, especially

helping all 10 freshmen," DuBois said of her senior leader. "I expect her to do great things this year, finishing on a good note."

During her sophomore campaign, Pittullo posted Cal's second-highest all-around score (39.000) at the NCAA West Regional. During the same season, she also led the Bears in vault scoring average (9.824).

"She is going to be really consistent in the all around," DuBois said. "My goal for her is to have an incredible senior year competing in the all-around, have fun and be very successful, which I think she's really capable of doing. She's got the right mindset; she's taking care of her body and training really hard."

JUNIORS

Every junior returns in 2006. Junior Isabel Garcia competed consistently on the vault, beam and floor for the Bears in 2005. Garcia collected a career-high 9.725 on the beam and 9.675 on the vault during her sophomore season.

"Isabel was most improved last year on the team, and she continues to improve," DuBois said. "I never know what to expect. She's constantly getting better and better and elevating her skills. When I think she has reached her potential, she steps it up another notch. I look for her to be a consistent competitor on the beam, vault and floor. She's very entertaining to watch. I think with the experience she gained from competition last year, her confidence will really be up there."

Junior Elyse Wong entered the Bears' lineup mid-way through the 2005 season. Wong tallied a career-high, 9.725, on the beam against Utah State. Also competing in the floor exercise, she posted a 9.504 season average.

"Elyse is steady, consistent and clean," DuBois said. "Every year she's gained experience. I'm hoping she stays healthy so she can have a good year and really step it up, making the best of the year."

Returning to action for the first time since 2004, junior Justine Cephus will be breaking into the lineup after rehabbing a knee injury the past two seasons.

"I'm excited to see her back in the competition lineup," DuBois said of Cephus. "She's very powerful - that's why I recruited her. She was the Junior National beam champion. Her beam, vault and floor are just amazingly powerful. I believe she is stronger than she has ever been. Initially I thought she might make one or two events, but I could definitely see her breaking into the all around this season."

SOPHOMORES

The sophomores host four individuals who were entered in action as true freshmen last year, as the Bears struggled through injuries. Sophomore Nicki Wells competed in 10 all-around competitions last season, posting her career-high 38.625 in a tri-meet against Utah, Stanford and Florida.

"She's definitely one of the hardest workers I've ever coached," DuBois said. "She gained a lot of strength last year. I think having a year under her belt she'll be a solid competitor."

Sophomore Siobhan Luce, who also worked her way into the lineup last season, competed regularly on the vault, bars and floor for Cal. She recorded a career-high 9.850 on the vault, 9.650 on the bars and tallied a 9.750 three times during her initial campaign.

"I was extremely impressed with her," DuBois said. "She was the team's Rookie of the Year last year. Every competition she improves - confidence-wise, her execution, and her routine. I'm definitely looking for her to step up this year. She's been working hard in the gym during the off-season."

Focusing mainly on the vault and bars in her freshman season, sophomore Alli Szutu, recorded twice a career-high 9.675 on the vault and 9.775 on the bars. "She is amazing, very talented. The ability is there and, she is hungry to be back in the lineup. It gets her mind-set in the right place, she could be a dominating factor," DuBois said.

Struggling through ankle injuries sophomore Keiko Nakamura hopes to

Senior
Britani Pittullo



be healthy enough to compete for a position in the lineup. Recording her career-high 9.625 on the beam in her first collegiate match, DuBois hopes to have Nakamura represent the Bears on the beam, "She's pretty and has great presentation."

FRESHMEN

After bringing in an astonishing 10 freshmen to form the 2009 class, DuBois is excited for the opportunities they will provide the Bears this season.

"The freshmen have come in and adapted to the program fairly easily," DuBois said. "The upperclassmen have lead by example making it a positive atmosphere this fall. It has been a great beginning."

California landed one of the best recruits in the nation with Lydia Williams. The native of Toronto was a member of the Canada Sports Seneca Gymnastics Club team. Williams competed on the Canadian World team, which placed second at the PanAm Games in 2003. She suffered a spinal injury that prevented her from competing in national competition in 2004.

"She's beautiful, dramatic and graceful," DuBois said of her freshman. "When she swings, it is perfection. She hits every hand stand and she does five-releases in her bar routine, you're just sitting there amazed. She's just intriguing. She's has it all."

A local product from Oakley, Calif., freshman Bridgette Glass has also made a national name for herself. In 2001 she was a United States Championship qualifier, in addition to being a United States Classic qualifier (international elite), ending the Classic with a fourth-place finish on the vault.

"Bridgette can do just about any skill, my goal for her is to become consistent and received the recognition she deserves," DuBois said.

"We've been working on taking extra skills out of her routines; she doesn't need everything she can do. She's very powerful. Her vaults and tumbling are very dynamic."

Freshman Jessica Kelley, also known nationally for her competition at Junior National events, was a member of the Airborne Gymnastic club where she was a five-time Level 10 National qualifier, with top finishes in the all-around at the Level 10 Junior Nationals.

"Jessica is another well-known gymnast who competed at the junior nations on a regular basis," DuBois said. "Her vault and

tumbling are huge. She's strong on the bars and beam. Jessica is a competitor. She loves to compete and it shows!"

Coming off some ankle injuries in her senior year of high school, freshman Joanna Bennett is picking up where she left off. In 2005 she placed 10th in the all-around and seventh on the bars at the Junior Olympic Nationals. Bennett was also the 2004 Northern California state floor champion.

"Joanna is 5-7, she's tall for a gymnast," DuBois said. "You would not expect her to do some of the things she does, and you're amazed. We are nursing her back from an injury she had from her senior season, we hope to have her in the lineup in two or three events by February."

In 2005 freshman Kendall Zdvorak was the Level 9 Southern California State vault, bars, beam and all-around champion. "Kendall has improved tremendously since she's been here," DuBois said. "We've done a lot of clean up, but I've really liked the progress she's made so far."

Freshman Sarah Fiorillo is an excellent beam specialist, who placed seventh on the beam in the 2005 Junior Olympic Nationals after being sidelined with a fractured pelvis for six months prior to the competition. "Sarah really moves well and has great combination. Hopefully we'll see her make the beam lineup this season," DuBois said.

Coming off several ankle injuries in high school, Vanna Rocchi is a strong contender on the bars. She competed on the Oroville Gymnastics club team. The freshman is pushing double-duty since coming to Cal; she is an active member of the campus' R.O.T.C program.

"Basically we are focusing on a bar with Vanna, which is where I think she has the best possibility of contributing to the team," DuBois said. "We're working on cleaning up and getting some new things."

Since stepping foot on campus, freshman Melissa Stinar has gone through a growth spurt. Through the difficulties of facing new struggles with her height, the former member of the Browns Gymnastics club team has made head-way as a Golden Bear, "I've seen a lot of progress from Melissa so far, she is full of potential," DuBois said.

Freshman Tiffany Tam will provide explosion on the beam for Cal. "Tiffany is very flexible," DuBois said. "She has a unique beam mount which displays her abnormal amount of flexibility. You sit there in amazement as she performs her routine."

Currently freshman Caitlin Atikenhead is struggling through some injuries that she arrived with that have set-back her progress in the gym. DuBois hopes to see her contribute to the team once she's healthy.

SCHEDULE

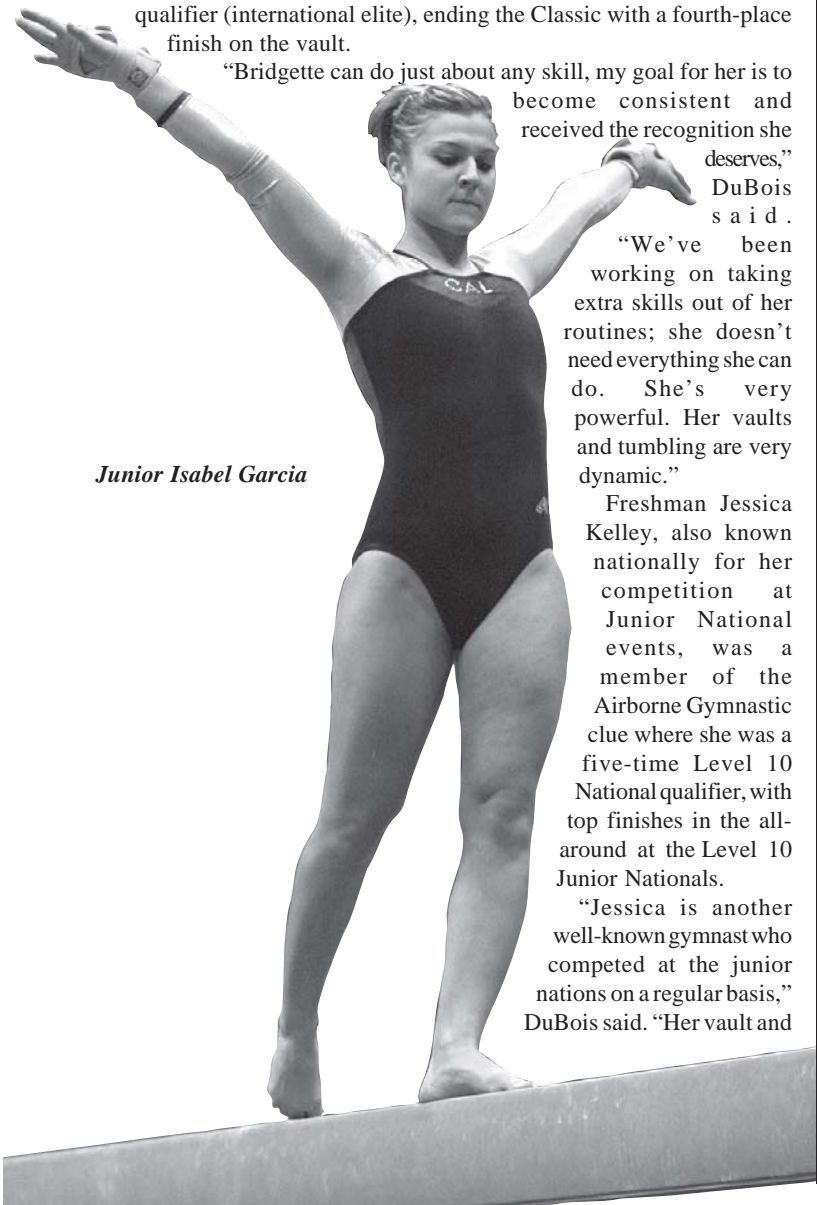
The Golden Bears are faced once again against the best competition in the nation. With the Pac-10's current success over the last decade, the Bears face at least five teams who are in the top 25 regularly in conference competitions alone.

"I see a lot of challenges and tough competitions this season," DuBois said. "However, better competition makes you a better team. It's hard for people to understand that in gymnastics win-loss records don't matter as much as the score does. If we were to go against the top three schools all year-long and would be 0-10 we'd still qualify for nationals, because we are competing against the best and the scores are higher. You tend to rise to that level of competition."

Cal opens in Hawaii against, UCLA, Oregon State, Sacramento State and Arkansas. After several competitions in California, the Bears will travel back East to face the likes of, West Virginia, Pittsburgh, George Washington and North Carolina State.

"We'll see very competitive teams with tons experience," DuBois said. "I think the score potential will be there with the level of competition we are competing against. We don't have an easy competition. We like a challenge, we are up for it."

Junior Isabel Garcia



HEAD COACH

CARI DUBOIS

*Head Coach
Fourth Season at Cal*



Since arriving in Berkeley in 2003, Cari DuBois has led the California women's gymnastics program to immediate success, and helped turn Cal into an emerging Pac-10 power. In her short tenure, DuBois has guided the Golden Bears to their first back-to-back dual-meet winning seasons since 1991-92 and led the 2003 Cal team to its highest NCAA Regional Finish (fourth) in more than a decade. A year later, Cal finished fifth at NCAA Regionals, the program's best back-to-back postseason showing since 1991-92. She was named Pac-10 Co-Coach of the Year and West Regional Coach of the Year in 2003. The same season she helped Mw'-Lan Dodd become Cal's first NCAA Championship meet representative in nearly a decade.

DuBois' presence in the Cal program was felt right away. She inherited a team that finished a disappointing 5-9 the year before her arrival and, with virtually no time to recruit for the upcoming season, guided the Bears to a 12-5 dual meet record. Cal made its first NCAA Regionals appearance since 2001, finishing fourth – the best placement since taking third in 1992.

CARI DuBOIS AT CAL

Year	Record	Pct.	Regionals	Rank
2003	12-5	.706	4th	18
2004	9-6	.600	5th	25
2005	6-12	.333	-	-
3 Seasons	27-23	.540	-	-

2003 Pac-10 Co-Coach of the Year

2003 West Regional Coach of the Year

In 2004, Cal finished 9-6, fifth at the NCAA Regionals and set school records in the uneven bars (49.550), balance beam (49.300) and floor exercise (49.425). The Bears have finished

nationally ranked in DuBois' first two seasons.

Prior to coming to Cal, DuBois, 36, spent six years as an assistant coach at West Virginia (1996-02) and three years with the Golden Bears (1993-96). At West Virginia, she helped the Mountaineers attain their highest national ranking ever (fourth, 2000) and helped lead West Virginia to a pair of 12th-place national finishes in 1999 and 2000. While she was in Morgantown, three WVU gymnasts were named conference gymnasts of the year, three others garnered conference outstanding senior gymnast of the year honors and Danielle Lilly became the first Mountaineer freshman

ALL-TIME COACHING RECORDS

Year(s)	Coach	Pct.	Record
2003-present	Cari DuBois	.540	27-23
1998-2002	Trina Tinti	.423	47-64
1994-1997	Alfred Mitchell	.597	46-31
1986-1993	Pam Burgess	.541	73-62
1982-1985	Diane Dunbar	.446	25-31
1980-1981	Dale Flansaas	.190	4-17
1978-1979	Dan Millman	.333	5-10
1977	Molly Rackham	.556	5-4
1975-1976	Debbie Bailey	.000	0-3
1974	Sue Williamson	.800	4-1
30 seasons	9 coaches	.490	236-246



In her debut season as head coach of the Golden Bears, Cari DuBois was named Pac-10 Co-Coach of the Year and West Regional Coach of the Year in 2003.

to win a NCAA regional title (balance beam, 1997). During DuBois' tenure, West Virginia averaged more than 20 wins per season and captured four Big East championships.

In DuBois' previous stint in Berkeley, under then-head coach Alfie Mitchell, the Bears accumulated a 37-20 (.649) meet record and she coached the last Cal NCAA qualifier prior to Dodd, Candice Kwok in 1994. During DuBois' last season at Cal in 1996, the Bears set a record team score of 193.925.

Prior to collegiate coaching, DuBois spent time instructing and choreographing routines at several gymnastics camps and clubs nationwide, including the National Gymnastics Village in Colorado Springs, Colo. DuBois has also spent time as a camp instructor at the Universities of Alabama, Georgia and West Virginia, coaching gymnasts of all skill levels. She is a certified national judge, with experience judging levels 5-10 in California, Colorado, Indiana, Nevada, Pennsylvania and West Virginia.

As a competitor, DuBois was a four-year letterwinner and three-time Mid-American Conference selection at Ball State from 1989-92. She earned team MVP honors in 1990 and 1992, and was nominated for Most Valuable MAC Gymnast of the Year and Top Female Athlete at Ball State. DuBois won the 1989 MAC Championship meet vault crown and the 1992 MAC floor exercise title. While competing for the Cardinals, DuBois set school records in the all-around (37.75) and vault (9.80).

A native of St. Joseph, Mo., DuBois received her bachelor's degree in exercise science and wellness from Ball State in 1992 and hold's a master's degree in athletic coaching education from West Virginia.

COACHING STAFF

SCOTT RYAN

*Assistant Coach
First Year*

Scott Ryan was named the new assistant coach for the women's program in the summer of 2005. Ryan served as the director and head coach at Aztec Gymnastics in San Diego, Calif., prior to his hiring at Cal.

While at Aztec Gymnastics, Ryan led his teams to 33 state and regional championships in the state of California and national champions in both the United State and Mexico. Also 18 of his gymnasts earned college gymnastics scholarships.

In addition to Ryan's gymnastics teaching, he served as a lecturer at San Diego State University, where he taught undergraduate classes in the Department of Exercise and Nutritional Sciences.

Prior to his experience in San Diego, he served as the head coach and program director at Buckeye Gymnastics in Columbus, Ohio. He additionally occupied the position of event or meet director at the 1999-2000 San Diego Winter Classic, 1988-1996 Buckeye Classic, 1995 NCAA Men's Gymnastics Championships and 1985 Atlantic 10 Gymnastics Championships.

Ryan is a graduate of West Virginia University, with an undergraduate degree in journalism and a masters of science in sports promotions.



JEREMY LAWSON

*Strength & Conditioning Coach
Second Year*

Jeremy Lawson arrived in Berkeley in July 2004 after serving as assistant strength coach at UCLA (2003-04) and graduate assistant strength coach at San Jose State (2000-02). He is certified as a Strength and Conditioning Specialist by the NSCA and is a certified Level 1 Weightlifting Coach by USA Weightlifting.

A member of the Collegiate Strength and Conditioning Coaches Association, Lawson received his bachelor's degree from Redlands in 2000 and earned a master's degree in kinesiology from San Jose State in 2003.



ELISE HAMMOND

*Athletic Trainer
First Year*

Elise Hammond is in her first year at Cal, where she will work with the women's gymnastic team and assist with football. Since 2002, Hammond worked in the Oregon State University training room. While with the Beavers, Hammond assisted with football, crew, basketball, soccer, baseball and softball. She additionally worked in 2003 at Western Oregon University with the track and field, basketball, softball and baseball teams. In 2001, Hammond served a six-month internship with the Los Angeles Avengers where she assisted the head athletic trainer with prevention, treatment and rehabilitation of the professional arena football players. She is currently enrolled in graduate school at Cal, where she is working towards a degree in kinesiology with an emphasis in sports psychology. Hammond received her bachelor's degree in exercise and sports science with an athletic training option from Oregon State in December of 2004.



LAUREN SHIPP

*Undergrad Assistant Coach
First Year*

Lauren Shipp completed her successful four-year career at Cal in 2005, before joining the coaching staff as an undergrad assistant coach. In 2005, Ship posted a career-high 9.775 twice on the bars and collected a season average of 9.639 on the beam. At 2004 NCAA Regional, Shipp posted third-best competition mark on beam (9.900) and eighth-best score on vault (9.875).

Also in 2004 she set a school-record 9.950 on vault, which was instrumental in helping the Bears upset Oregon State. Shipp saw limited action in 2003 due to an ankle injury. However she placed 11th on beam (9.875) at Pac-10 Championships and was named Pac-10 All-Academic honorable mention.



COLLEEN MULVIHILL

Choreographer

Colleen Mulvihill has been involved with movement and movement education for more than forty years. She is a certified Pilates and Gyrotonic @ instructor; has studied and practiced yoga, chi gung, and gymnastics, and has been a professional dancer and choreographer.

She was an international competitive gymnast on the 1968 Olympic Team, and continues her association with the gymnastics world as a choreographer for national and international gymnastic competitors. Colleen is actively involved in independent studies of many alternative medicine modalities, and brings the understanding she has gained to her movement work.



2006 GYMNAST BIOS

JUSTINE CEPHUS

*All-Around
Junior
5-0
Los Angeles, Calif.
(Beverly Hills HS)*



CAL: 2005: Out for the season with an injury ... **2004:** Scored a career best 9.550 on floor, at Washington (1/16).

HIGH SCHOOL/CLUB: 2002 Junior Olympic national beam champion and second in 2003 ... 2003 California State floor and all-around champion ... 2003 Region 1 beam champion ... 2002-03 Region 1 national team member ... captain of her All-Olympians club team in 2003.

PERSONAL: ... Justine Akiko Cephus ... Born June 24, 1985, in Los Angeles ... Undeclared major ... Would like to attend law school after graduation ... Daughter of Jolene and Alonzo Cephus ... Has one brother, Alexander (12).

COLLEGIATE CAREER HIGHS

Floor 9.550 (at Washington, 1/16/04)

ISABEL GARCIA

*V/BB/FX
Junior
5-2
Fair Oaks, Calif.
(St. Francis HS)*



CAL: With a more defined skill-set, looks to stand out even more and work into the lineup. **2005:** Posted 9.471 season average on the vault, 9.315 season average on the beam and a 9.558 season average on the floor ... Record a season beat on the vault of 9.675 twice (at Utah State – 3/7 and Pac-10 Championships – 3/26) ... In the match against Utah, Stanford and Florida collected her season best 9.725 on the beam ... **2004:** Posted her career high on beam (9.625) in first collegiate meet (1/9).

HIGHSCHOOL/CLUB: Was a Level 10 national qualifier in 2001 and 2002.



Justin Cephus



Isabel Garcia



Siobhan Luce

PERSONAL: Isabel Christina Garcia ... Born Nov. 11, 1985, in Redding, Calif. ... Majoring in public health ... Member of Alpha Delta Pi sorority ... Spent summer 2004 teaching at a gymnastics camp ... Parents are Ramon and Raija Garcia ... Has a sister, Anja, 20, who competed on the Cal team from 2003-04 and a brother, Emilio, 13.

COLLEGIATE CAREER HIGHS

Beam 9.625 (Utah/Stanford/Florida, 3/4/05)
Floor 9.700 (Twice in 2005)
Vault 9.675 (Twice in 2005)

SIOBHAN LUCE

*All-Around
Sophomore
5-5
Reno, NV
(Galena HS)*



CAL: Expected to compete in all-around this season ... **2005:** Posted a season best 9.850 in the vault at the 2005 Pac-10 Championships (4/26), finishing tied for seventh ... Finished second against North Carolina State (3/11) in the all-around (38.525) ... Collected a new career-high (9.650) on the beam against Stanford (3/19) ... Set her career-high on the vault (9.700) in the meet against Utah, Stanford and Florida (3/4) ... Matched her season-high on the floor (9.750) three times during the season.

HIGH SCHOOL/CLUB: Former Junior Olympics Level 10 national qualifier.

PERSONAL: Marie Siobhan Luce ... Born Jan. 1, 1986, in San Jose, Calif. ... Considering integrative biology or psychology as a major ... Spent summer prior to Cal interning in the office of U.S. Congressman Jim Gibbons (R-Nev.) ... National Honor Society member and Nevada Silver Scholar Award recipient ... Parents are Michael and Celeste Luce.

COLLEGIATE CAREER HIGHS

Beam 9.700 (at Utah/Stanford/Florida, 3/4/05)
Vault 9.850 (Pac-10 Championships, 4/26/05)
Bars 9.650 (at San Jose State/Stanford, 3/19/05)
Floor 9.700 (Three times)
A-A 38.525 (vs. North Carolina State, 3/11/05)

KEIKO NAKAMURA

All-Around
Sophomore
4-11
Chula Vista, CA
(Bonita Vista HS)



CAL: Expected to contribute highly to the Bears' success in all-around ... **2005:** Scored a career-high 9.625 on the beam in her first collegiate meet ... Posted a season average 9.305 on the beam before a season-ending injury.

HIGH SCHOOL/CLUB: 2004 Junior Olympics national qualifier ... Took sixth on beam at Junior Olympic regional competition ... 2002 YMCA National Championship beam titlist ... 2000 and 2001 YMCA National All-Star Team member.

PERSONAL: Keiko Laura Nakamura ... Born July 24, 1986, in Santa Monica, Calif. ... Undeclared major ... Parents are Brian and Emiko Nakamura, both UCLA graduates ... Has two siblings: Akemi, 22, graduated from UCSD and Matthew, 21, attends Long Beach State ... Grandfather, Frank, played football at Michigan.

(9.605). **2003:** At regionals, placed 10th on beam (9.850) and 16th on floor (9.800) ... Recorded three 9.900 floor scores, the second-best Cal individual mark of season ... Her 9.850 floor mark vs. Arizona (3/7) helped Cal establish a new team all-around record of 196.800 ... Scored a 9.825 or better on floor in all but three meets, including a 9.900 at Pac-10 Championships (3/29) for a 13th-place finish.

HIGH SCHOOL/CLUB: MVP of club team in 2002 ... Won East-West Nationals in 1998 ... Placed 17th at Nationals in 1999.

PERSONAL: Britani Anne Pittullo ... Born March 2, 1984, in Pasadena, Calif. ... Majoring in legal studies ... Plans to attend law school after graduation and would like to pursue a career in entertainment law ... Graduated with honors from St. Lucy's, where she lettered in cheerleading and dance ... Parents are Tim and Sissie Pittullo ... Father played water polo at USC ... Has three brothers - Justin, 26; Aaron, 23; and Patrick, 22, who attends Santa Clara .

COLLEGIATE CAREER HIGHS

Vault	9.850 (Four times, 2004)
Bars	9.875 (Ball State, 3/12/04)
Beam	9.850 (Pac-10 Championships 3/20/04)
Floor	9.900 (Three times, 2003)
AA	39.075 (UW/Sac. St., 2/21/03)

COLLEGIATE CAREER HIGHS

Beam	9.625 (vs. UC Davis/Brown, 1/14/05)
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BRITANI PITTULLO

All-Around
Senior
5-0
Rancho Cucamonga, Calif.
(St. Lucy's HS)



CAL: Looks to be one of Cal's top all-arounders this season ... Walk-on who earned scholarship. **2005:** Posted a season high 9.625 on the vault and a 9.700 on the beam at UC Davis (1/23) ... Collected a season high 9.775 on the bars in the first meet of the season against UC Davis and Brown (1/14). A season ending injury prevented her from competing in the last seven meets. **2004:** Posted Cal's second-highest all-around score at NCAA West Regionals (39.000) after recovering from torn ankle tendon in the Bears season-opening win at Cal State Fullerton (1/9) ... Also rebounded to lead Cal in vault scoring average (9.824) ... Was third in bars scoring average (9.715) and fourth in beam scoring average

ALLI SZUTU

All-Around
Sophomore
5-3
Castro Valley, CA
(Castro Valley HS)



CAL: Expected to make an immediate impact on the squad as an all-rounder ... Posted a career-high 9.675 on the vault twice (3/7 and 3/19) ... Finished third on the floor (9.700) against Washington (2/18) ... In first collegiate meet, finished second in the all-around (38.700), tied for first on the vault (9.650), tied for third on the bars with her career-high of 9.775, finished second on the beam with her career-high 9.625 and finished second on the floor with 9.650.

HIGH SCHOOL/CLUB: In 2004, was a national championships qualifier, finishing 10th on vault. At regional level, fourth in all-around, second on vault and floor and at states, first on bars, second in all-around and second on vault ... In 2003, fourth on vault at national championships.

PERSONAL: Allison Lian Szutu ... Born Aug. 6, 1986, in Oakland, Calif. Undeclared major ... Parents are Peter Szutu and Jan Eldred ... Has one brother, Michael, 14 .



Keiko Nakamura



Britani Pittullo



Alli Szutu

COLLEGIATE CAREER HIGHS:

Beam	9.625 (vs. UC Davis/Brown, 1/14/05)
Floor	9.700 (vs. Washington, 2/18/05)
Vault	9.675 (Two times, 2005)
Bars	9.775 (vs. UC Davis/Brown, 1/14/05)
A-A	38.700 (vs. UC Davis/Brown, 1/14/05)

NICKI WELLS

*All-Around
Sophomore
5-3
Auckland, New Zealand
(Westlake Girls HS)*



CAL: Internationally experienced gymnast who is expected to be one of the Bears' top all-around scorers ... **2005:** Posted career high on the beam (9.725) and in all-around competition (38.625) in the meet against Utah, Stanford and Florida (3/4) ... Also posted career-highs at Utah State on the vault (9.700), bars (9.750) and floor (9.825).

NEW ZEALAND/NATIONAL TEAM: New Zealand 2003 All-Around National Champion ... Member of New Zealand's 1999 and 2003 World Championships Teams ... 2002 Commonwealth Games participant ... Competed at 2000, 2002 and 2004 Pacific Alliance gymnastics competitions.

PERSONAL: Nicola Rachel Wells ... Born Oct. 15, 1984 in Hamilton, New Zealand. Undeclared major ... Interested in a career in consumer research ... Enjoys surfing in free time ... Moved away from home at age 12 to further gymnastics career ... Parents are Paul and Philippa Wells, graduates of the University of Canterbury ... Has one brother, Simon (18).

COLLEGIATE CAREER HIGHS:

Beam	9.725 (at Utah/Stanford/Florida, 3/4/05)
Floor	9.825 (at Utah State, 3/7/05)
Vault	9.700 (at Utah State, 3/7/05)
Bars	9.750 (at Utah State, 3/7/05)
A-A	38.625 (at Utah/Stanford/Florida, 3/4/05)

ELYSE WONG

*All-Around
Junior
5-1
Honolulu, HI
(Punahou HS)*



CAL: Expected to raise the bar higher this year. **2005:** Scored a season high 9.675 on the floor against North Carolina State (3/11) ... Posted a career-best 9.725 on the beam at Utah State (3/7). **2004:** Although her scores weren't extremely high, DuBois credits her consistent marks with boosting Cal into the regional ... Floor mark of 9.875 at Boise State (2/27) was fourth-best individual Cal mark of year ... Academic All-American.

HIGH SCHOOL/CLUB: 2001 Hawaii State Champion in vault, beam and all-around ... Bars champion at 2001 Junior Olympic Regional and International Gymnastics Festival in Puerto Rico . Junior Olympic Regional Vault Champion in 1997 and 2001 ... Member of team that took second at 2002 Junior Olympics ... Junior Olympic qualifier (1997-98, 2001-02) ... Participated in track and field where her championship high jump result helped Punahou HS to the Interscholastic League of Hawaii team title... 2003 high jump interscholastic league of Honolulu champion.

PERSONAL: Elyse Keam Lin Wong ... Born Nov. 7, 1984, in Honolulu, Hawaii. ... Civil engineering major and a chinese minor... Took two years off in gymnastics career (1998-2000) due to knee injury ... Learning to speak Mandarin ... Member of Cal's Hawaii Club ... Enjoys kayaking and surfing in down time ... Once practiced with the Chinese National Gymnastics Team on a trip to China ... Parents are David and Rona Wong ... Uncle, Peter Wong, played water polo for Cal .

COLLEGIATE CAREER HIGHS

Vault	9.700 (at Stanford, 2/20/04)
Beam	9.725 (at Utah State, 3/7/05)
Floor	9.875 (at Boise State/Southern Utah, 2/27/04)



Nikki Wells



Elyse Wong

NEWCOMERS

CAITLIN AITKENHEAD

All-Around
Freshman
5-2
San Diego, Calif.
(Point Loma HS)



HIGH SCHOOL/CLUB: A Western national qualifier in 2003 and 04 ... Competed on the SCEGA club team, coached by Tim Garrison, Meredith Paulicivic and Kathy Strate... Club team finished third in the nation ... A member of the Principal's Honor Roll and CSF seal bearer.

PERSONAL: Caitlin Anne Aitkenhead ... Born May 2, 1987, in San Diego, Calif. ... Intends on majoring in intergrative biology at Cal, with post-graduate aspirations of medical school ... Daughter of Jim and Nancy Aitkenhead... Has one older brother, Graham... Member of Rally Committee.

JOANNA BENNETT

All-Around
Freshman
5-7
Healdsburg, Calif.
(Healdsburg HS)



HIGH SCHOOL/CLUB: In 2005 placed 10th in the all-around and seventh on the bars at the Junior Olympic Nationals ... Placed 12th on the vault and 38th in the all-around at the Junior Olympic Nationals in 2004 ... Placed 5th in the all-around at the 2004 regional championship... In 2005 she placed 4th in the all-around at the regional championship... 2004 floor state champion ... A member of the Principal's Honor Roll.

PERSONAL: Joanna Marie Bennett ... Born May 2, 1987, in Santa Rosa, Calif. ... Undeclared major ... Daughter of Kelly and Donna Bennett ... Has a younger and sister and older brother ... Lists hobbies as water skiing, wakeboarding, snow skiing and swimming.

SARAH FIORILLO

UB/BB
Freshman
5-2
Long Beach, Calif.
(Long Beach Poly)



HIGH SCHOOL/CLUB: Placed seventh on the beam in the 2003 Junior Olympic Nationals, after being sidelined with a fractured pelvis for six months ... Finished third in the Region One in 2003... In 2003 was a first alternate for the Junior Olympic Nationals ... Competed with the American Gymnastics Academy club team, coached by Carol and Shane McIntyre ... Named the 2003 and 2005 Most Inspirational team member ... Earned the 2005 Athlete of the Year

award ... Graduated high school with highest honors with a 3.8 GPA in the PACE program.

PERSONAL: Sarah Costantino Fiorillo ... Born Aug. 30, 1987, in Staten Island, N.Y. ... Undeclared major ... Has career aspirations to be a sports psychologist or lawyer ... Daughter of Carl Fiorillo and Kathy Costantino ... Lists hobbies as shopping, dancing and going out with friends.

BRIDGETTE GLASS

All-Around
Freshman
5-0
Oakley, Calif.
(Freedom HS)



HIGH SCHOOL/CLUB: Attended Golden Gate Gymnastics for 11 years, coached by Mike Lynch, Tracee Talavera and Rip Talavera... Recorded a second-place finish in the all-around at the American Challenge ... 2001 US Championship qualifier ... A 2001 and 2002 US Classic qualifier (international elite) ... In 2001 she placed fourth in the vault in the US Classic ... In the 1999 Junior Olympic National level 10, she placed first in the all-around and on the vault ... Principal's honor roll.

PERSONAL: Bridgett Danielle Glass ... Born May 31, 1987, in Alameda, Calif. ... Undeclared major ... Daughter of George and Connie Glass ... Has one older sister, Brittany and a younger sister, Jordan ... The summer prior to coming to Cal she coached a gymnastics team at Antioch Leisure Center.

JESSICA KELLEY

All-Around
Freshman
5-3
Los Altos, Calif.
(Homestead HS)



HIGH SCHOOL/CLUB: Five-time Level 10 National qualifier who trained at Airborne Gymnastics under coaches Melanie Ruggiero and Justin Howell ... Four top ten finishes in the all-around at the Level 10 JO Nationals ... Level 10 JO National Team member in 2003; 5th all-around at JO Nationals in 2004 (Senior B) ... In 2004, placed first in the all-around, vault, and bars at the Region 1 Championship meet ... Won numerous regional and state titles including 2005 Norcal State champion in the all-around, vault, floor and bars.

PERSONAL: Jessica Ann Kelley ... Born Jan. 1, 1987, in Modesto, Calif. ... Undeclared major ... Daughter of Michael and Jane Kelley ... Has an older brother, Daniel ... Lists hobbies as listening to music, swimming, hanging out with friends ... Prior to coming to Cal Kelley vacationed in Italy and Germany.

VANNA ROCCHI

UB
Freshman
5-5
Oroville, Calif.
(Oroville HS)



HIGH SCHOOL/CLUB:

Competed on the Oroville Gymnastics club team, coached by Shaw Carter ... Had left ankle surgery in Feb. and April of 2005 ... Qualified for level seven state in 2003 ... Level eight state in 2002, where she placed fourth on the floor ... Qualified for level nine state in 2004 and 2005 ... Valedictorian ... Top-10 award four-years straight ... GATE member ... National Art Honor Society participant ... CSF.

PERSONAL: Vanna Jo Rocchi ... Born Nov. 29, 1986, in Oroville, Calif. ... Intends to major in psychology at Cal ... Career ambitions include ambassador or naval pilot ... Daughter of Steve and Barbara Rocchi ... Father graduated from Cal in 1981 ... Has an older sister, Marina, and brother, Ian, and a younger sister, Kyra ... Hobbies include painting, reading and shopping.

MELISSA STINAR

All-Around
Freshman
5-3
Las Vegas, Nev.
(Bishop Gorman HS)



HIGH SCHOOL/CLUB:

Participated on the Browns Gymnastics club team, coached by Dayna Isacs-Waroe ... a regional qualifier in 2001-05 ... placed sixth on the vault at the 2005 regionals ... National Honor Society member ... Named to the Who's Who in American High Schools.

PERSONAL: Melissa Joan Stinar ... Born Sept. 16, 1987, in Las Vegas, Nev. ... Daughter of James and Linda Stinar ... Has one brother, Justin ... Intends on majoring in architecture ... Lists hobbies as painting, drawing and dancing.

TIFFANY TAM

All-Around
Freshman
5-4
San Jose, Calif.
(Independence HS)



HIGH SCHOOL/CLUB:

Competed on the West Valley club team, coached by Diane Amos and Tiina Vilenius ... Fourth in the all-around at western nationals in both 2004 and 2005 ... Regional floor champion in 2004 ... Earned the Most Inspirational award in 2003 and 05 ... Lifetime CSF member ... Vice president of the independent film club ... Honors GSE.

PERSONAL: Born July 2, 1987, in Santa Clara, Calif. ... Daughter of Raymond and Beina Tam ... Has a younger brother and sister ... Intends

on majoring in business ... Wants to own a company ... List hobbies as going on the computer, knitting and crocheting, and dancing.

LYDIA WILLIAMS

All-Around
Freshman
5-7
Toronto, Canada
(Northview Heights)



HIGH SCHOOL/CLUB:

Participated on the Sports Seneca Gymnastics Club team ... The team was the No. 1 elite club in Canada in 2003 and 04 ... Competed on the Canadian World team, which placed second at the PanAm Games in 2003

... A spinal injury prevented her from competing in national competition in 2004 ... Earned the Academic and Sports achievement award in ninth and tenth grade.

PERSONAL: Lydia Anna Williams ... Born March 6, 1987 ... Daughter of William and Emsie Williams ... Has an older brother and younger sister ... Undeclared major ... List other favorite sports as biking, swimming ... Hobbies include reading, watching movies and art.

KENDALL ZDVORAK

All-Around
Freshman
5-4
Temecula, Calif.
(Temecula Valley HS)



HIGH SCHOOL/CLUB:

Competed with the Southern Cal Elite Gymnastics Academy, coached by Meredith Paulicivic, Tim Garrison and Kathy Strate ... Placed second on vault at the 2005 Westerns ... The 2005 California State vault, bars, beam and all-around champion ... Club team ranked third in the nation.

PERSONAL: Kendall Danae Zdvorak ... Born June 11, 1986, in San Diego, Calif. ... Integrative biology major ... Daughter of Ed Zdvorak and Ruth Connolly ... Has two sisters and one brother ... a member of Campus Crusade.

